

JULY- AUGUST
2013

UATL NEWSLETTER



MAILING ADDRESS:
P.O. Box 10742
SOUTH LAKE TAHOE, CA
96158

*Our sanctuary & annex
are located at:*
**1195 Rufus Allen Blvd.
South Lake Tahoe, CA
96150**

OFFICE HOURS:
**TUESDAYS 11-2
WEDNESDAYS 10-2**

****PLEASE NOTE THAT
FRIDAY HOURS ARE
SUSPENDED FOR THE
SUMMER****

**Office phone #
(530) 544-2266**

WE'RE ON THE WEB!

VISIT US AT:

WWW.UNITYATTHELAKE.ORG

**& ON FACEBOOK:
"UNITY AT THE LAKE"**

EMAIL:
UNITYATTHELAKE@
SBCGLOBAL.NET



Message from our Spiritual Leader (by Hillary)

The heart is an amazing thing, isn't it? Whether we are overwhelmed in feelings based on agony or love, we question how our heart could possibly hold another drop. Stew and I were definitely feeling overwhelmed with love after our ordination ceremony and we realized that wasn't a very positive or empowering way to think about it. We renamed it *being in an overflow* of love, which is our natural state of Be-ing and definitely something I want to get used to. It was quite interesting to see how difficult it felt to be totally open and to receive for so long. Thank you for continuing to be my teachers... I love how we learn, grow and unfold together. Thank you for holding me in such a loving embrace during the celebration where I knew I was safe and it was ok to be so open and vulnerable, letting you "see" me. Perhaps that was the biggest blessing of all (and there were many)... I felt so seen. Everything I hold dear was acknowledged and valued and validated-- I knew without a doubt that I mattered. That was a huge wow! Another one was to see the way that we all wonderfully came together and created a true comm-unity celebration of us. Yes we were honoring Stew and me for our years of going to school, and yet something would have been missing for me without seeing the wonderful web of connection between all of us that was so evident and served to create the celebration of us-ness. Please know that I truly appreciate and love each of you and that day will always be a part of me--as are you!

So now Stew and I are Interfaith ministers in name. I don't really know how being an Interfaith minister will outpicture in the physical realm, however, as always, I intend to continue to deepen my knowing and honoring of Spirit as me and all around me. And since I have set this intention for myself, I have faith that it will be revealed and I will attract myself to greater and new opportunities which fulfill that.

Also, Unity at the Lake *will* still continue as a Unity Center, which means we will continue to teach Unity Truth Principles. We will continue to see you as already whole and perfect. We will continue to share tools that can empower you to bring that forth from within yourself. We will continue to be a bridge to oneness and share from different traditions and the overlapping and underlying truths between all of them. And, we won't change how we present our teachings... from love and from what we've learned in our own lives and from our own experience. The main message from our ministerial program was, "Never instead of, always in addition to." So, as always, we would never tell you what to believe or how to live your life, but our hope is that when we do share, you find that there is at least 1 thing to add to your medicine bag that contributes to your spiritual well-being, or at least is some nourishing food for thought. Then we have done our job.

The good news is that I don't see it as a job; it's a way of living. Just like Unity is. Thank you for sharing it with me!

Reverend Stew & Reverend Hillary's ordination/dedication ceremony & celebration!

June 23, 2013

Ahhhh! Love you two!
Congrats!

Beautiful picture of beautiful people in a beautiful ministry. I celebrate with you. Congrats to all of you. Love and hugs

You two are the greatest!
Thank you for all you do.
Congratulations. Big love to you both. (:



Blessings, love and light ahead dear ones... Bravo!

Travel on, travel far and share the beauty and love of our universe!
Congrats Beloved Ones.



What a wonderful celebration!!!

It was an honor to be a part of the ceremony and their journey. Such an emotional and uplifting evening. So much love in our Unity family, we are so blessed!!!!

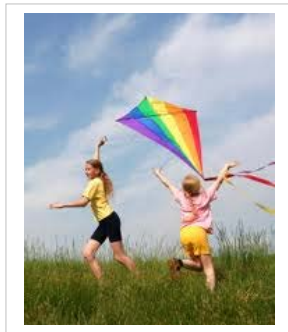
2 of my most favorite people in the universe!

Many Blessings and congrats to our new ministers!!



SPECIAL EVENTS & HAPPENINGS

UATL's birthday / volunteer appreciation / Bob Mannle Kites for Peace picnic: Sunday, August 18th, 1pm. Location TBA. We are planning an old-fashioned fun picnic with 3-legged, potato sack & egg carrying races and a French Balls contest, so start practicing! We might even have a dunk tank if someone wants to get it and do it. Mark the date on your calendar!



**Save the Date: Fri, Aug 23rd –
OneVoice & friends
Summer concert
Peace Through Music
More details coming soon!**

ONGOING UATL EVENTS

Wednesdays, NOON-12:40: PRAYER/MEDITATION CIRCLE in the Annex. Every Wednesday we sit and meditate on the presence of love and hold the high watch for ourselves and for everyone on our prayer slips ...please join us!

AWAKENING WEDNESDAYS, 6:30-8pm at Regan Beach (under the trees adjacent to the parking lot exit): We're still studying Brené Brown's book, *The Gifts of Imperfection* (through July 24th). The subtitle says it all: "The lifelong journey from 'what will people think' to 'I am enough'." We'll move to the Annex if the weather is inelcment...check with us on the exact location if you are unsure. Please join us even if you haven't been to any classes to date. Love Offering.

DID YOU KNOW???

...YOU CAN LISTEN TO EACH WEEK'S LESSON ON THE WEB FOR FREE? IT'S TYPICALLY LOADED JUST HOURS AFTER SUNDAY CELEBRATION. THIS IS A WONDERFUL WAY TO INTRODUCE FRIENDS TO THE UATL MESSAGE. JUST CLICK: [HTTP://WWW.UNITYATTHELAKE.ORG/AUDIO.HTM](http://www.unityatthelake.org/audio.htm)

WANT MORE THAN THE LESSON? WANT TO HEAR THE PRAYERS, THE MEDITATION AND THE DELIGHTFUL MUSIC BY ONEVOICE? FOR THAT, YOU CAN PURCHASE A \$5 CD OF EACH WEEK'S CELEBRATION. ORDER FORMS IN THE BACK OF THE SANCTUARY.

TELL YOUR FRIENDS!!

SUNDAY CELEBRATIONS

July 7th:

12 Powers Sunday;
the Power of
Understanding
(wear gold)

July 28th:

Guest speaker, musician
(and Interfaith
Minister)
Kathy Zavada
...with workshop or
concert to follow

August 4th:

12 Powers Sunday;
the Power of Will
(wear Silver)

On every 12 Powers Sunday, immediately after Hospitality, join us in the Annex for a 1-hour Playshop where we will delve more deeply into that month's Power and make it accessible and practical for our everyday lives. Love offering

Hospitality: We bless all of you who bring food to share. Sometimes folks ask if it's OK for anyone to bring food...the answer is a resounding **yes!**



Please note:

If you are parking along either side of Rufus Allen Blvd. (which is perfectly OK) **do not park with your wheels on the sidewalk**

(on the Unity side of the street, **this includes the dirt in front of the fence).**

The city has begun ticketing for this.

You can make donations (for regular tithes, building fund, Minister's Fund and Hands and Hearts) **and purchase** all of OneVoice's CDs, Stew and Hillary's meditation CD *Journeys to the Heart*, plus CDs of Sunday celebrations, **directly from the website via PayPal or credit card.** We can even automatically charge your credit card monthly for tithes **if you choose.**

FUNDRAISING OPPORTUNITIES FOR UATL

UATL HOODIES: We are now taking orders for beautiful quality, 3 color Hoodies, with UATL's logo, \$40 each (\$45 for XXL size). We can send you a PDF of the color options on request. They are also available at the Sanctuary. You can pay by check, cash or credit card (credit card orders are \$2 more per hoodie). We will place 1 order so please place your order and pay by July 21st. We encourage you to buy a few for presents.

RECYCLING! When we're at the office, we have a recycling tub outside of the Sanctuary for you to drop off your glass, jars and cans. Or just leave your bag on the deck if the tubs aren't out. Especially preferred are glass that is a "moneymaker" such as beer bottles and soda cans (California CRV). We would appreciate that these are deposited in the bins empty and clean. Last month we had a bunch of folks give us bagfuls and we made \$60!!!! This month we were back to \$10. So let's all keep recycling in our minds.

AMAZON: There is now link to Amazon.com on our [website](#), www.unityatthelake.com (on the left sidebar of each page right under our phone #). We will receive credit for any purchases you make from Amazon when you go through our website first!

ESCRIP: Unity at the Lake's Youth Empowerment Program is a now member of Safeway's new electronic scrip program. By signing up, there are rewards for UATL whenever individuals use their linked Club Card. You can either sign up online yourself at eScrip.com or use the signup sheets at Sunday Celebrations. If you do it yourself, use our group name (Unity at the Lake) and our group ID# (500043268). Either way, you have to use the actual number on your Safeway Club Card. If you don't know it because you just use your phone #, call 877-SAFEWAY (or 877-723-3929)...they ask a few simple questions & then give you the card number to the phone # that you use. **Please consider doing this now if you haven't already...between August 14th and September 10th UATL will receive 10% back on specially marked products at Safeway!**

THANK YOU * THANK YOU * THANK YOU

Our ordination celebration was such a grand success – it truly was a community love fest and **everyone** pitched in to make it so. Thank you to all, and especially to **KAREN MARTIN** who put in countless hours and tied all the pieces together!!

Speaking of countless hours, we have 2 DVDs in our lending library: the first is a 20 minute collage of pictures; Unity memorabilia from 2007-present...thank you **KRISTINA & JAZZ!** The second is the ordination celebration itself, in case you missed it...thank you **HOWARD COLEMAN!**

Thank you **LINDA WITTERS** for your vision to use the hoodies to bless each of us and promote and benefit UATL at the same time.

FROM OUR COUNCIL

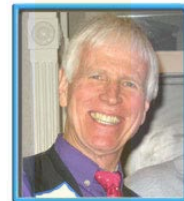
BY KEN

“What Miracles have you experienced in the past week?”

That was the question members of the council were asked to write an answer to. So, before I share my answer, take a moment to breathe into your heart and then answer that question yourself. What was your answer?

My answer, well I felt like, “the young monk who the spiritual teachers sent out into the woods to find plants that did not have medicinal healing qualities. The young monk returned feeling like a failure. He could not find any plant that was not medicinal.” I too, could not find anything that was not a miracle. The question is being asked of a man who has a few near death experiences where each heartbeat was a miracle, each breath, each thought. God is a miracle, the oneness we are all a part of. You and I as spirit are absolute miracles, our bodies, our minds, our senses – sight, touch, hearing, taste, smell, intuition – feelings, sex, love, intimacy, joy, enthusiasm, activities, work, play, church. The earth, sky, plants, stars, the universe. For me just getting out of bed is a miracle. I am alive, awake, hopeful, grateful, mystery, meditation, sunrises, sunsets, weather, moon, cashflow, church celebrations, friends, spouses, relatives, members of the congregation, cars, boats, planes, health, fun, frolic, dance, music, song, comedy, amusement, hikes, forests, lakes, oceans, waterfalls, streams, consciousness, snow, skiing, making plans, executing the plans, vacations, animals, birds, my new tooth cap, someone please stop me! Thanks.

Some religions will make you a Saint if you perform 3 verifiable miracles during your lifetime. In 3 heartbeats, I've had 3 miracles. Just call me Saint Kenny. Has a nice ring to it!



FAITH IN ACTION

We joyfully affirmed and celebrated our abundance thru tithing to the following during May/June 2013:

- *Rebecca Bryson
- *Unity Institute
- *Unity in the Community
- *Jamie Kendek
- *Unity of Reno
- *Note-able Music Therapy Services
- *West Central Region,
Unity Worldwide Ministries



Total of outgoing tithes for this period was \$1489.53. Thank you, God!

As of 7/2/13,
our *bank balances are as follows:

Bank of the West Checking: \$9048.05
(covers everyday spending and bills)

Bank of the West Savings: \$69.66
(2012 Hands and Hearts for
Christmas fund)

Everbank Checking: \$2704.05
(general reserve fund)

*** Please note:** the above balances reflect a \$5000 transfer we just made from our reserve fund to our everyday checking account. This was necessary in order to cover checks that we've already written. **This leaves us with the smallest amount of reserve funds we've had for years.** Much of our reserve was spent to create our sacred space, of course. At this point, half way through 2013, we're running at a deficit of about \$5500, making this most recent transfer necessary. Most of this deficit is due to Hillary and Stew's seminary expenses. Now that these have ended we expect to recoup...however we can't do that without your help! **Please consider a one-time donation if you are able, and please see our exciting fun(d)raising opportunities elsewhere in this newsletter.**



Our Beloveds,
Reverend Stew
& Reverend Hillary

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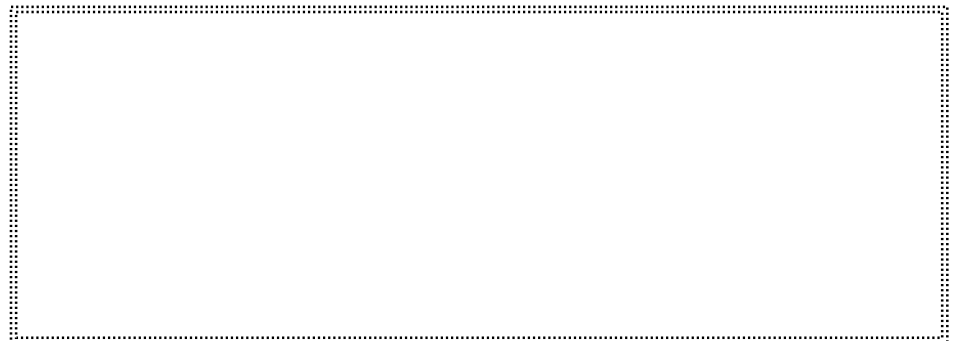
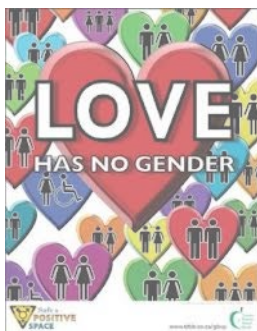
We'd love for you to come by and we can share some inspiring or cheerful conversation or just get to know each other better. Of course, we are ALWAYS available and eager to meet with you on a day or time outside normal hours (except Sundays or Mondays, unless in an emergency) for spiritual counseling and/or prayer, or to talk over the Sunday talk or Unity principles... Just give us a call!



P.O. Box 10742
S. Lake Tahoe, CA 96158



Sent with Love to:



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If you no longer wish to receive this hard copy UATL Newsletter, no problem! Just email us and let us know! Blessings!!
unityatthelake@sbcglobal.net