



October/November 2009



Sunday Celebration Service 10:00 AM

Meditation 9:00 AM

SLT Senior Center—3050 Lake Tahoe Blvd.

Letter from our Spiritual Leaders, By Stew



It's been a fantastic and busy summer and signs of a change of seasons have sprung up everywhere. Have you noticed that everything in the material realm changes? That the harder we squeeze trying to hold onto something the more slippery it gets and the more quickly it seems to vanish? Life is all about learning to let go, isn't it? Some things are obviously easier to let go of than others, and either way it's almost never fun. The good news is that we can participate in the process consciously. Even better news is that we can never let go of anything that isn't our highest Truth without embracing more of that Truth and without shining our Light a little more brightly.

The latest thing I've released is being a practicing chiropractor, a label that has represented a large part of my self-identity for over 25 years. My livelihood, my art, my creativity, my energy, my spiritual understanding and my highest expression of love in this world were all wrapped up in that label. A couple of days ago Hillary and I started distributing a letter saying that our last day in practice will be October 20th. It feels overwhelmingly sad, exciting and right, all at the same time. It's sad because of all the lives we've touched and have touched ours. It's exciting because it heralds a whole new chapter in our ever-unfolding vision. And it's right because in letting go of this cherished part of our lives we are honoring our hearts and our guidance (and my body, too) and opening up to new and even bigger possibilities.

Whether we've made a choice to release something cherished in our lives or something is ripped from us, we can always remember to use the opportunity to unfold a little more of our divine potential. This is how we create Divine Order in our lives. As we use what happens "to" us to help us let go of our masks, our automatic, negative reactions, our less-than-effective mechanisms for dealing with the world that we've had since we were a year old, and our limited beliefs about ourselves, we rise up and become more of the perfect God-idea that we each are. In this way, what happens *within* us becomes more powerful and meaningful than what happens *to* us.

We have all the creative power of the Universe in our own consciousness. No matter what situation we find ourselves in, we can always find God in it and, even more importantly, in ourselves. This means that all the love, all the substance, all the creativity, all the wisdom and all the strength we could ever need is right there within us and is immediately accessible to us. God is Source, and our awareness of the Divine Presence and the Divine Flow within us is our supply, in every circumstance. When we let go, we make room for more of this awareness. I see this happening in my life and in many around me. Indeed, being on this path together has really helped me through some of the tougher letting goes I've done these past few years. Bless you all for that!

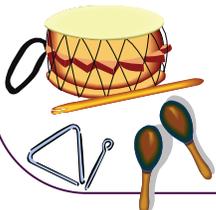
Sunday Celebration Services (at the Senior Center)

October 11th: A regular visitor to Unity at the Lake, the wonderful Kathy Zavada will be here to lead our Sunday service (music and talk). There will be a concert afterwards for a suggested love offering of \$20.

November 22nd (or 29th?? - please call the office to confirm date): Family Service...Special guest Ellen Fietz Hall, Ph.D., will lead us all in "Dances of Universal Peace" – sacred movement, song and story that is fun, simple and yet profound. No partner or prior dance experience is needed! Come be open to meeting self and others in a circle of loving hearts as we deepen in peace, love and unity. Celebrate and renew!

OneHeart Drumming... November 8th:

Join us following our Sunday celebration service and together we'll play the heartbeat of God! We all have a sacred heartbeat...let's create a joyous circle & express our unique rhythms as one! No experience needed - everyone can do it! Some drums & shakers will be provided, or bring your own. Dancers and listeners invited too! Love Offering.



SPECIAL EVENT!!! "Harvesting Our Dreams" FUNraiser:

FRIDAY, October 23rd, 5:30 - 9:30PM, at Harvey's on the convention level.

Mark your calendars for our 2nd annual autumn fun(d)raiser at Harvey's! This year's event will include entertainment from amazing New Thought troubadour Greg Tamblyn, a full dinner, a silent auction and a rousing edition of "The Not-So-Newlywed Game". Everyone had a blast last year and we expect even more fun this year. Bring your friends! Tickets are now available at Sunday Services or by contacting the Unity office: \$33/adult; \$20/age 12 and under; free for children under 4. Tickets MUST be purchased by Oct 18th.



Ongoing Events in the Office

Prayer Opportunities

Prayer/Meditation Circle:

Every Wednesday, Noon -12:45pm.

The best 45 minute God vacation you can give yourself!
A sacred time to be a blessing to yourself
and to the world!

Prayer Vigils:

Resuming on October 5th, continuing the first Monday of each month (November 2nd). 12 -2:00pm.

This is a great opportunity to slow your pace down in the middle of your day and sit in the stillness of our sacred space. Sit for 15 minutes or as long as you like and connect with your God-self. Then send peace and love out to the world. You do not have to be experienced in prayer or meditation to join us.

THE FOLLOWING EVENTS ARE ALL AVAILABLE FOR A LOVE OFFERING:

"Awakening Wednesdays": Every Wednesday night,

6:30-8:00pm, we gather for ongoing book study, meditation, heart-opening and spirited discussion, tool sharing and generally, furthering our spiritual awareness and understanding. Come and join this sacred, fun and beautiful gathering of hearts and souls!

12 Powers Sunday Workshops: On the **first Sunday of each month (EXCEPT OCTOBER)** after the Sunday celebration service 12 Powers talk, we will gather at **1:00pm** to deepen our understanding of that Power. We will share practical tools that allow us to develop and express that Power in our lives.

November 1st: The Power of Release (color is Russet)

Men's/Women's Groups: Our men's group meets at **6:30pm on the 3rd Thursday** evening of each month.

Contact Stew if you are interested. The women's circle gathers on the **3rd Monday** of the month at **7:00pm**, please call Hillary.

Healing Circles: Now on the **second Monday of each month (October 12th & November 9th) at 12:00pm SHARP. Bring a healing request or simply bring your loving and healing energy to share in this powerful, prayerful ceremony. We've witnessed profound healings on all levels and areas of life as we affirm & align in consciousness with the Truth that we are already whole.**

When we have a large circle of people involved, the energy fairly sizzles! Simply one of the best ways we know to align our minds with Divine Mind and claim our Divine Inheritance!!

Our Office/Sacred Space

Located upstairs (Suite 27) in the Star Tahoe Bldg., 2489 Lake Tahoe Blvd. (530) 544-2266

New Open Hours: Mondays 10:00AM - 12:00PM and Wednesdays 10:00AM - 2:00PM

You are always welcome to come by and sit in the sacred energy, browse the lending library, or just say hello!

OUR SPIRITUAL LEADERS, HILLARY & STEW, ARE ALWAYS AVAILABLE TO MEET WITH YOU FOR SPIRITUAL COUNSELING AND/OR PRAYER OR JUST TO CHAT. FEEL FREE TO CALL THE OFFICE ANYTIME AND MAKE AN APPOINTMENT WITH THEM.

A Letter from our Council...

Greetings from the desk of James Crawford, in God's living room, South Lake Tahoe, CA! As I look back over the summer that we had, I am grateful for the many warm sun shiny days that we were able to enjoy.

This has been a time of growth, love and well being for Unity at the Lake. Many opportunities have come our way this year, and we have stepped up to take advantage of them. At each of our Sunday Celebration services, you can see and feel our circle growing larger with beautiful new faces. Thank you, God!

As we move into the fall and winter seasons, I think of the holidays that are fast approaching. I would like to take this opportunity to ask all of our members and friends to remember the Hands and Hearts for Christmas fund that will help families in our community this holiday season. It has been a blessing and a privilege to serve as a new Council member this year and look forward to my remaining term.

Sent in Peace and Love,
James F. Crawford

Fun(d)raisers:

Our "Hands and Hearts" fund (which we use to buy Christmas presents for families in our community at the holidays) is down a bit from last year at this time...we welcome donations for this fund all year long. Bless you!



We are planning a shoe drive (new and slightly used) soon to support Soles4Souls (they send shoes all over the world to those that need them) ... don't get rid of any shoes right now!

We'd like to extend Special Thanks

To Monique and Sam at "The Thrifty Hippie" thrift store, who have now donated 10% of the store's net income to Unity at the Lake for 3 consecutive months.

Bless you for your generosity!

To Nancy Alysone and Peter Hussmann, for donating a much-needed CD player for our 9AM Sunday meditation room. Thanks!

To Mandi Salzman for answering the call and stepping up to format the UATL newsletter (even as she is 8 months pregnant!) and to Kristina Hoffman who has done it so beautifully for years up to now.



Update on Ministerial Field Licensing Program

We want to thank all of you who have donated to the Ministerial Support Fund. We appreciate your love and support of Stew and Hillary as they seek to become ordained Unity Ministers. At this point, due to some academic requirement confusion that prevented them from applying this year, they will be applying for the Field Licensing Program in September of 2010. This program allows them to pursue ordination while continuing to bless us as Spiritual Leaders instead of having to go off to Unity Village for 3 years. Please know that all your donations will be held in trust until any expenses involving the program are incurred.

Outgoing Tithes

We joyfully affirmed & celebrated the source of our abundance thru financial support of the following in July and August:

*Unity in the Community

*Unity Institute

*Holly Eimer

*AIDS Lifecycle (in memory of Gordon Shirts)

*Silent Unity

*Chapter 5

*Teresa Bertrand

Total of outgoing tithes for this period was \$1243.48. Thank You, God!

Faith in action program:

In conjunction with our talk series and book study on prosperity, we have begun our annual pledge drive. We "do" everything at Unity at the Lake in alignment with universal spiritual principles and the Law of Circulation is one of them...we tithe 10% of every dollar we receive to places that feed us spiritually and all of our classes and workshops are given on a love offering basis. Our pledge drive is your opportunity to give in order to learn and experience more of the givingness of God within you; to contribute to your own spiritual growth while also contributing to the growth of our spiritual community. Making this intention will help you to regularly claim your divine inheritance. We ask that you take some time in the silence, ask for guidance and then fill out one of the blue "faith in action" forms you'll find at Sunday services with your pledge intention for 2010. You can also call the office for a pledge form or to let us know what your pledge is. Bless you all!

**Check out our website at
www.unityatthelake.org...**



From our Prayer Chaplains....

I am so blessed and honored to serve as a Prayer Chaplain at Unity at the Lake. It is truly a rewarding experience to be in prayer with each of you – seeing the glory of the Face of God in each of you. Prayer is such a powerful, joyful act of love, and to know, really know, that each prayer has already manifested is an empowering reminder of the Truth of Who We Are.

I know my life has become a series of prayers throughout the day, despite the busyness of everyday life, I can always S.T.O.P. – remember the Spirit that I Am, the Truth that I Am, the One-ness that I Am and the Pace that I Am. I Am all that, and it is through the reflections in your eyes that I know You Are also all that. When I remember that Truth, my day goes a little more calmly, and my heart opens to all the Love that God Is within us to give that love to everyone I meet.

Prayer has helped me see the challenges of life as opportunities to grow closer and deeper in our connection to God – to see us through those opportunities and learn the lesson life is presenting itself to us.

I celebrate the Life within, the Life without, the Life all Around, the Life that is God within us – and I am so grateful for the blessings that each of us are to each other!

Love and Light,

NancyAlysone Hussmann

Our Sunday talks are now be available on our website, beginning shortly after each Sunday service. Talks will be there for 3 months, and thereafter will be available in our web archives! Tell your friends! Also, did you know you can now make donations (for regular tithes, building fund, Hands & Hearts) & purchase any of our OneVoice, meditation, or Sunday service CDs, directly from the website via PayPal or credit card?