



June/July 2009



Sunday Celebration Service 10:00 AM

Meditation 9:00 AM

SLT Senior Center—3050 Lake Tahoe Blvd.

Letter from our Spiritual Leaders, By Stew



For those of you who weren't at Sunday service on May 3rd, we celebrated "Prosperity Sunday" by passing out a \$10 bill to everyone in the congregation. My instructions to everyone were to put the bill in a sacred or meaningful place where they would see it. Then, for at least a week, to bless it, see it as a symbol of unlimited divine Substance, let it remind them of all the hands and hearts that had touched it or had been touched by it, and to remember we were all doing the same thing. After a week, to spend it, give it away, "pay it forward", share it with someone who had fed them spiritually in some way...to meditate and pray and then do anything with it that called to them, with the pure joy of giving and without doing it out of "need" or "should". The final instructions were to pay attention to what happens. The feedback we've already received has been amazing, ranging from an increased awareness of how to use money more mindfully to an array of blessings that have already returned to folks. We would love to have you all record your experiences and then share some of them in our newsletters and on our website.

The main idea of all this is to help us all to express more of the "givingness" of God, as a community and as individuals. To experience more of the Truth of the "law of circulation". Giving and receiving are just 2 aspects of the same flow of energy in the universe. We cannot possibly give without receiving, or receive without giving. And somehow when we give, because "God's dice are always loaded", we always appear to receive even more than we gave. In the realm of finances, when we become more aware that God IS our money and that all giving and receiving start and end with God, we give with joy and we open to the flow of receiving in this abundant universe. Prosperity Sunday was about raising our individual and collective prosperity consciousness; to know, on a much deeper level, that God is our Source and that our awareness of this truth is our supply. I'm certainly not just talking about money here, and, it seemed important to demonstrate that universal spiritual laws work, even with money and even in tough economic times.

I feel very blessed that Hillary and I were exposed to these truths many years ago and have trusted and lived them. We've run our chiropractic practice and our lives by these principles. The gifts we've received are innumerable and we treasure them all deeply in our hearts. And as we continue to delve into these principles with all of you, the richness of those gifts just keeps growing.

We are indeed a thriving spiritual community, as we affirm in our mission statement, in the midst of the external appearances of lack. I know that this prosperity exercise will allow us to be even more of a beacon of light, hope and inspiration in this community and this world. We see UATL's prosperity expanding in every way as we continue to give, to unfold and to claim more of our divine inheritance.

Sunday Celebration Services

June 7th: Guest Speakers Rev. Richard and Maureen Levy will be leading our service. The Levys come highly recommended by our former ministers, Denese and Larry Schellink. After service, they will be facilitating a workshop (see elsewhere in newsletter) in the office.

We're planning to have an outdoor Sunday service in July (and hopefully one in August too)...check our website or stay in touch for more details.

OneHeart Drum Ministry:

Now on the 4th Sunday of each month
(June 28th & July 26th),

Following our Sunday service we'll join together to create a circle of joyous rhythms and celebrate the heartbeat of God! Instruments provided, or bring your own! Love Offering.

For the Summer, we'll bring this gathering outside to the front lawn of the Sen. Ctr.



Our Office/Sacred Space

Located upstairs (Suite 27) in the Star Tahoe Bldg., 2489 Lake Tahoe Blvd. (530) 544-2266

Open Hours: Wednesdays 10:00AM - 2:00PM (Noon - 12:45 Prayer/Meditation Circle)

You are always welcome to come by and sit in the sacred energy, browse the lending library, or just say hello!

OUR MONDAY HOURS ARE BEING DISCONTINUED FOR THE SUMMER

HOWEVER STEW AND HILLARY ARE ALWAYS AVAILABLE BY APPOINTMENT AT (530) 318-2374.

Ongoing Events in the Office

(all events are for a Love Offering)

12 Powers Sunday Workshops: On the first Sunday of each month (except in June when it will be the SECOND Sunday), after the Sunday service 12 Powers talk, we will gather at 1:00pm to deepen our understanding of that Power. Share practical tools that allow us to develop and express that Power in our lives.

June 14th: Imagination (light blue)

July 5th: Understanding (gold)

Men's/Women's Groups: Our men's group meets at 6:30pm the 3rd Thursday evening of each month. Contact Stew if you are interested. The women's circle gathers the 3rd Monday of the month at 7:00pm, call Hillary.

Prayer Vigils and Movie Nights have been discontinued for the Summer.



Ongoing Events at Regan Beach

(Bring a chair!)

"Awakening Wednesdays":

Every Wed night, 6:30-8:00pm.

We gather for ongoing book study, meditation, heart-opening discussion, tool sharing and generally, furthering our spiritual awareness and understanding.

Healing Circles: Fourth Monday of each month

(June 22nd & July 27th) at 6:30pm sharp.

Bring a healing request or simply bring your loving energy to share in this powerful and prayerful ceremony.



We have witnessed profound healings on all levels and areas of life as we affirm and align in consciousness with the Truth that we are already whole. The more people involved, the stronger the healing energy!

Special Workshops:

"Spiritual Bailout for Turbulent Times"

Sunday, June 7th, 1:00 - 3:00pm IN THE OFFICE

Presented by Rev. Richard and Maureen Levy. In these tumultuous times, it has never been more important to develop a spacious mind of peace and an Open heart. The Levys present teachings and a direct experience of the divine to move one forward into inner peace and a deeper sense of love and appreciation for yourself and others. The Oneness Blessing, a loving energy that balances the activity of the brain, leads to the flowering of the heart, and helps the individual experience Oneness with all creation and with God, will be offered as part of the workshop. Love offering. For more info, see Flexingheart.com.

Releasing Your Voice: Healing & Empowering Ourselves through Our Voices!"

9:00pm in the office

Presented by Journey Harasin. Come learn the qualities of a healthy throat chakra and do some very simple exercises to discover the amazing power that our throat chakra holds. We'll give our bodies' permission to let the sounds emerge to the accompaniment of crystal singing bowls. It's amazingly freeing and healing! Followed by a wonderful, cleansing Sound Healing Journey, enjoyed in an environment of Divine Nurturing and Love.

Suggested love offering: \$20-25. For more info, contact Journey at seejurn@sonic.net

2nd ANNUAL PARKING LOT SALE!!

Saturday, June 13th, 8:30-1 at the office.

Last year's sale was a huge success & we hope this year's will be even better...

You can help! Here's what you can do

(please call the office if you can help):

- *Donate lots of great items (we'd prefer to get it all ASAP)
- *Help sort the stuff the week before
- *Help with set up or set down
- *Help during the event
- *Bake goodies or make food to sell
- *Lend us a canopy for the day
- *Come, bring your friends and buy lots of great stuff!



**Check out our website at
www.unityatthelake.org...**



We have all kinds of cool pictures (and a couple of Stew's talks) and information. You can also make donations (for regular tithes, building fund, Hands & Hearts) and purchase any of our CD's, including CD's of Sunday services, directly from the website via PayPal or credit card?

WE'RE LOOKING FOR A NEW COMPUTER: The computer in the office is taking its last dying breaths...if you have or know someone who has either a desktop or laptop that dates from 2007 or newer that you can donate, [please let us know](#) ASAP!

A Letter from the Council...

As I look out my front window, I see the sun shining and the slightest breeze kissing the trees. If I look closely, I can even see a flower or two peeking up through Mother Earth. This can only mean one thing; spring is here! That blessed time of the year when what has been dormant comes alive, blessing us with life re-creating itself. Transformation is all around us. Perhaps you have heard our spiritual leaders, Stew and Hillary, refer to "transformational opportunities". You are invited to step forward, to let your light shine in loving service to our spiritual community. There are so many ways to be of service, both "large" and "small". Do you like to hug? How about being a greeter at Sunday service? Do you like to speak in front of people? Perhaps you should give "platform" a try. Do you enjoy the vibrant energy of children? Our youth empowerment program is always in need of teachers. Do you like sharing food with others? How about supplying our hospitality (food and juice) one Sunday? No prior experience is needed. All that is needed is a willingness to help. Have I peaked your interest? There are sign up sheets for various transformational opportunities available every Sunday. Don't see a job that calls to you? Ask Hillary or a council member how you can be of service. From stacking chairs after a Sunday service, to helping with a community event; there is always a transformational opportunity with your name on it! Thank you, in advance, for stepping forward. Namaste'!

Janice Eastburn, Council of Trustees

Outgoing Tithes

We joyfully affirmed & celebrated the source of our abundance thru financial support of the following in March and April:

- *Unity in the Community
(including Kelly Ngalla)
 - *In Jesus' Name Medical Ministry
 - *Unity Church Universal
(the Fillmore's original church in Kansas City)
 - *West Central Region, Assoc. of Unity Churches
 - *Project O.P.E.N.
 - *National Hospice Foundation
 - *Association of Unity Churches International
- Total of outgoing tithes for this period was \$1342.76
Thank You God!*

NEW MEMBERS:

We are very proud to add these wonderful folks to our Unity at the Lake roster of members:

Brita Class

Donna Janaczek

Kathleen Harris



Jodene Hurt

Jonathan Lee

Bless you and thank you for stepping up!

From our Prayer Chaplains....

My spiritual journey began with a Mother who raised and taught me to respect all people and all things in nature. She taught me about kindness, caring, love and laughter. My Father and Mother divorced when I was five years old. She was the 1st minister in my life.

She took me to church, in Santa Rosa, CA, and I delighted in all the doings in Sunday school. Sunday's were always fun and nurturing to me. I remember helping out the Sunday school teacher with the younger children and I was so excited when the day came when I was 10 years old and could attend "Big" church. I graduated from Sunday school complete with a Bible with my name and date in it...1965.

I remember sitting in the middle of the big church with all the adults and was in awe when I heard the Minister speak for the 1st time. Oh how his words touched my heart!! Go out and do good in the world. Be kind to one another. Love others as they love you, etc. etc. I was so happy inside. I remember being so moved. He was a man of God, of goodness and of light. My spiritual journey continues each and every day. Each and every day is a gift from God. What I, what we, do with that life is our gift to God. To learn to live, to laugh, to love...to be...be love...be light...be love...be laughter...be a minister to each other. We are all ministers helping each other to serve, learn and remember. God is love, God is all. God is the main minister in our lives and each of us is God in action. Isn't it so very simple? Simple, yes...but so complex.

If being a Prayer Chaplain calls to you, I highly suggest you sign up with Hillary. Hillary will take you on a journey to your heart, as with God and through God~~all things are possible.

I am proud and so very grateful to be a member of Unity at the Lake, I love all of you. I look forward to sharing my heart as one of your new Prayer Chaplains.

Namaste, Carol Zajic

Special Thanks:

It is the people in our spiritual community who support us and volunteer their energy that transform Unity at the Lake from just an organization with a nice mission into an active, dynamic, heartfelt, prayerful beacon of light. Special thanks this month to:

Janice Eastburn and Anita Golding for three prayerful years as dedicated Prayer Chaplains. Blessings too, to Ed at FastPrint for his wonderful generosity and expertise!



Unity at the Lake CD's!

**Journeys to the Heart -*

Do you have a copy of our new mediation CD? Folks have found it to be an important part of their day and a wonderful ally to stay in the awareness of God all week long.

Available now for \$15.00.



**New! "The I Am That We Are" - Enjoy an exciting compilation of the very best of OneVoice live...many of our favorite inspirational and meditative songs recorded at live at Sunday celebration services. Love offering.*

**"Morning Meditations" - A beautiful way to start your day. Great on the drive to work (we've heard)! L. O.*

**Sunday CD's - Order now! Choose your topic!*

Get your copies on Sundays or call the Unity office (544-2266) to order. Also available online at www.unityatthelake.org.